

Early Intervention Clinic Research Group

Dr. Matthew Cordova, E-mail: mcordova@paloalto.edu

Dr. Josef Ruzek, E-mail: Josef.Ruzek@va.gov

Current/Ongoing Projects:

Development and evaluation of early psychotherapeutic interventions to prevent trauma-related problems in recently traumatized individuals. Participants are being recruited through local emergency medicine departments, victims' assistance organizations, emergency response services, and grief organizations. As part of the project, students conduct research assessment/intervention with participants. Students have conducted dissertation projects using EIC data, or using original data they collect in a trauma-related area of interest.

Openings:

We will be selecting 3-4 new students each spring during the PAU research group application process.

Apply:

Applicants should submit the following by email to both Dr. Cordova and Dr. Ruzek by the PAU research group application deadline: 1) Letter of interest, 2) Curriculum Vitae, and 3) A writing sample (usually a paper submitted for a psychology class while a student at PAU).

Notification:

A select number of applicants will be interviewed. Notification of offers to join the group will occur by phone on the PAU research group notification date.

Readings:

Brunet, A., Des Groseilliers, I. B., Cordova, M. J., & Ruzek, J. I. (2013). Randomized controlled trial of a brief cognitive-behavioral dyadic intervention designed to attenuate the

development of PTSD. *European Journal of Psychotraumatology*, 4, 21572.

Des Groseilliers, I. B., Marchand, A., Cordova, M. J., Ruzek, J. I., & Brunet, A. (2013). Two-year follow-up of a brief dyadic cognitive-behavioral intervention designed to prevent PTSD. *Psychological Trauma: Theory, Research, Practice, and Policy*, 5(5), 462-469.

Belsher, B. E., Ruzek, J. I., & Cordova, M. J. (2012). The social context of adjustment in combat veterans. In T. Miller (Ed.), *The Praeger Handbook of Veterans' Health: History, Challenges, Issues, and Developments*, (pp. 199-226). Santa Barbara: Praeger Publishing.

Belsher, B. E., Ruzek, J. I., Bongar, B., & Cordova, M. J. (2012). Social constraints, posttraumatic cognitions, and posttraumatic stress disorder in treatment-seeking trauma survivors: Evidence for a social-cognitive processing model. *Psychological Trauma: Theory, Research, Practice, and Policy*, 4(4), 386-391. doi: 10.1037/a0024362

Ruzek, J. R., Kuhn, E., & Cordova, M. J. (2008). Early Intervention. In G. Reyes, J. Elhai, & J. Ford (Eds.), *Encyclopedia of Psychological Trauma*, (pp. 237-240). New York: John Wiley & Sons.

Ruzek, J. I., Maguen, S., & Litz, B. T. (2006). Evidence-based interventions for survivors of terrorism. In B. Bongar, L. Beutler, P. Zimbardo, L. Brown, & J. Breckenridge (Eds.), *Psychology of terrorism*. Oxford: Oxford University Press.

Ruzek, J. I. (2006). Bringing cognitive-behavioral psychology to bear on early intervention with trauma survivors: Accident, assault, war, disaster, mass violence, and terrorism. In V. F. Follette & J. I. Ruzek (Eds.), *Cognitive-behavioral therapies for Trauma* (2nd Edition, pp. 433-462). New York: Guilford Press.

Ruzek, J. I. (2006). Models of early intervention following mass violence and other trauma. In E. C. Ritchie, P. J. Watson, & M. J. Friedman (Eds.), *Mental health intervention following disasters and mass violence*. New York: Guilford.

Cordova, M. J., Walser, R., Neff, J., & Ruzek, J. I. (2005). Predictors of emotional adjustment following traumatic injury: Personal, social, and material resources. *Prehospital and Disaster Medicine*, 20, 7-13.

Ruzek, J. I., Young, B. H., Cordova, M. J., & Flynn, B. W. (2004). Integration of disaster mental health services with emergency medicine. *Prehospital and Disaster Medicine*, 19, 46-53.

Cordova, M. J., & Ruzek (2004). Posttraumatic Stress Disorder. In A. J. Christensen, R. Martin, & J. M. Smyth (Eds.), *Encyclopedia of Health Psychology*, (pp. 215-218) . New York: Kluwer/Plenum.

Cordova, M. J., Ruzek, J. P., Benoit, M., & Brunet, A. (2003). Promotion of emotional disclosure following illness and injury: A brief intervention for medical patients and their families. *Cognitive and Behavioral Practice*, 10, 359-372.

Ruzek, J. P., & Cordova, M. J. (2003). The role of hospitals in delivering early intervention services following traumatic events. In R. Orner, & U. Schnyder (Eds.), *Reconstructing Early Intervention After Trauma* (pp. 228-235). Oxford, UK: Oxford University Press.