

**Latino Health Research Group**  
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**Overview:**

The Latino Health Research Group is focused on designing and testing treatment and prevention interventions for Latino and Spanish-speaking adults. The research in this group utilizes traditional (community-based) and innovative (Web-based) means to reach the Latino community. Currently, there is a focus on depression, women and immigrant populations.

**Current Projects:**

1. Mothers and Babies Internet Project

Randomized controlled trial: This is an effectiveness study of an evidenced-based self-help mood management course to reduce the incidence of postpartum depression. This study is currently collecting data. Involvement in this study will primarily be focused on obtaining follow-up data from a global sample of women, maintaining the study Website, and assisting with writing up the results (manuscripts and presentations).

2. Sanando el Corazón

The primary aim of this study is to adapt and test a group depression treatment for Spanish-speaking immigrant women with non-acute trauma. The research is along the lines of community-based participatory research. The intervention is currently in development and pilot testing. Involvement in this study will include assistance in developing the intervention, training in semi-structured interviewing, creating Spanish-language participant materials, and the possibility of co-leading a treatment group (advanced students).

**Expectations:**

1. **Lab participation:** Members of this research group are expected to work on Dr. Barrera's current projects and to generate a formal idea for an independent project prior to the dissertation study. Students are encouraged to submit their project(s) for presentation at professional conferences. Participation in this research group may require travel to San Francisco and surrounding areas to engage in data collection and research-related activities.
2. **Meetings:** Members of this research group will meet weekly for 1 hour. The format of the meetings will include instruction on research topics (e.g., literature, methods), project updates and student presentations.

**Openings:** 4 students to join in September 2009. Students who are bilingual (Spanish/English) and/or interested in Latino mental health, depression research, and adapting treatment and prevention interventions are encouraged to apply. Interested first year students are welcome to attend and participate during their first year at PGSP.

**Application Process:** Submit the following documents to Dr. Barrera (via email) by 5 p.m. on Friday April 10, 2009.

1. Curriculum Vitae (include 2-3 references that are willing to be contacted by phone)
2. Cover letter (2-page max) that includes the following minimum information:
  - a. Research and clinical interests and experiences
  - b. *Brief* description of your current career goals (e.g. professor, clinician, etc.)
  - c. Your preference and interest in the specific ongoing projects (see project descriptions)

- d. Any plans you have to work in multiple research labs should you be accepted into the Latino Health Research Group
  - e. Computer software with which you are particularly skilled (Powerpoint, SPSS, Endnote, etc.) and any programming experience you have or web page construction and maintenance.
3. A writing sample - usually a paper submitted as coursework while a student at PGSP. Your research proposal from the Research Methods class is a good choice.

**Notification:** Top applicants will be invited for a phone interview. Students indicating fluency in Spanish will be expected to conduct a portion of the interview in Spanish. Accepted students will be notified by email at 10 a.m. on Monday, May 11, 2009.